

Sept/Oct 2025

Elite/Elite Lite Group

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 31	Sep 1 Start Session 6: No Practice - Labor Day	2 Practice: 4:00 - 6:30 pm @ Lakewood HS	3 Practice: 4:00 - 6:30 pm @ Lakewood HS	4 Practice: 4:00 - 6:30 pm @ Lakewood HS	5 Practice: 4:00 - 6:00 pm @ Lakewood HS	6
7	8 Practice: 4:00 - 6:30 pm @ Lakewood HS	9 Practice: 4:00 - 6:30 pm @ Lakewood HS	10 Practice: 4:00 - 6:30 pm @ Lakewood HS	11 Practice: 4:00 - 6:30 pm @ Lakewood HS	12 Practice: 4:00 - 6:00 pm @ Lakewood HS	13
14	15 Practice: 4:00 - 6:30 pm @ Lakewood HS	16 Practice: 4:00 - 6:30 pm @ Lakewood HS	17 Practice: 4:00 - 6:30 pm @ Lakewood HS	18 Practice: 4:00 - 6:30 pm @ Lakewood HS	19 Practice: 4:00 - 6:00 pm @ Lakewood HS	20
21	22 Practice: 4:00 - 6:30 pm @ Lakewood HS	23 Practice: 4:00 - 6:30 pm @ Lakewood HS	24 Practice: 4:00 - 6:30 pm @ Lakewood HS	25 Practice: 4:00 - 6:30 pm @ Lakewood HS	26 No Practice	27
28	29 Start Session 7: Practice: 4:00 - 6:30 pm @ Lakewood HS	30 Practice: 4:00 - 6:30 pm @ Lakewood HS	Oct 1 Practice: 4:00 - 6:30 pm @ Lakewood HS	2 Practice: 4:00 - 6:30 pm @ Lakewood HS	3 Practice: 4:00 - 6:00 pm @ Lakewood HS	4

